

“Do you work with children who struggle to *focus, organize, remember,* and *regulate* their emotions and behaviour?”

“Are you looking for strategies to support their academic and social success?”

## THE EIGHT PILLARS OF EXECUTIVE CONTROL

Practical solutions to help children navigate important social and academic hurdles by tapping their brain's true potential

with DR. ADAM J COX

DATE: October 21<sup>st</sup>, 2011

8:30 am (registration) to 4:00 pm

Workshop begins promptly at 9:00 am

LOCATION: Caboto Centre

1055 Wilkes Avenue

Winnipeg, Manitoba

REGISTRATION FEE: \$125 (\$100 early bird; \$75 student)

**FREE LUNCH,  
STARBUCKS COFFEE  
& PARKING**

# THE EIGHT PILLARS OF EXECUTIVE CONTROL

Practical solutions to help children navigate important social and academic hurdles by tapping their brain's true potential

with DR. ADAM J COX



Dr. Cox is a licensed and board certified clinical psychologist, whose work with families and schools takes him around the world. He has been consulting and writing about the emotional and cognitive development of school-age children for more than a decade and is the author of *No Mind Left Behind: Understanding and Fostering Executive Control – The Eight Essential Brain Skills Every Child Needs to Thrive* and *Boys of Few Words: Raising Our Sons to Communicate and Connect*, both of which have been translated into multiple languages. His commentary on youth, families, and schools has been widely covered by radio, television, and print media.

Dr. Cox's Eight Pillars model of executive function has been widely adopted by schools seeking practical solutions for learning challenges in the era of distraction. The eight pillar framework has led to immediate and sustained improvement among children in North America, Australia, New Zealand, Africa, and Asia. Although this framework was initially designed to promote academic performance, it is now employed to build diverse forms of capability among young people including social awareness and vocational decision-making.

Hosted by the Psychology Department of the Child Guidance Clinic (Winnipeg School Division)

CGC is a school-based support service that provides clinical services to students, parents, and teachers in the Winnipeg School Division.

<http://www.wsd1.org/childguidance/cgchome.htm>



## REGISTRATION FORM THE EIGHT PILLARS OF EXECUTIVE CONTROL

Friday, October 21, 2011  
8:30 am to 4:00 pm

Please make cheques payable to:  
Child Guidance Clinic

Mail registration form, along with  
your cheque to :  
WSD-CGC Psychology Department  
2<sup>nd</sup> Floor, 700 Elgin Avenue,  
Winnipeg, MB R3E 1B2  
Attention: Sharon Taylor

Questions? Call Sharon Taylor at  
786-7841, ext. 264 or  
email [shtaylor@wsd1.org](mailto:shtaylor@wsd1.org)

Please print clearly

name: \_\_\_\_\_

profession: \_\_\_\_\_

name of organization: \_\_\_\_\_

phone: (work) \_\_\_\_\_  
(home) \_\_\_\_\_

fax: \_\_\_\_\_

email: \_\_\_\_\_

business address: \_\_\_\_\_

city/town: \_\_\_\_\_

postal code: \_\_\_\_\_

- \$100 early bird (Sept 16, 2011)
- \$125 regular
- \$75 student (limited spaces)